



CROSS AND CIRCLES PATTERN

- 9 1/2 inch background square
- Approx. 6" circle
- Approx. 4" circle
- 2 strips, cut 1 1/2" for cross
- Piece of cotton batting 9 1/2 inch square
- 4-9 colors of complimentary perle cotton.

Background fabric can be lightly patterned, but you do not want it to distract too much from your design. Circles should read as solid. Hand-dyes work very well for the circles. Cross can be patterned or solid.

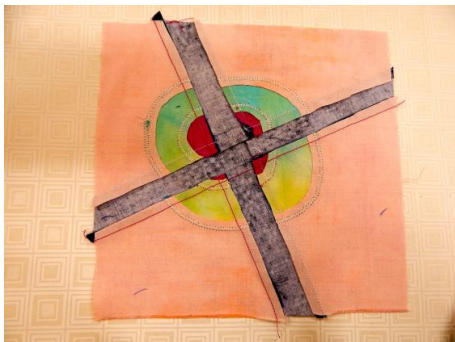
Choose placement for circles. Pin largest circle in place and zig-zag around edge (see TQS Episode for demonstration.) Cut background fabric from inside of circle (This is so that you only end up with one layer of fabric to stitch through.) Place smaller circle and zig zag in place. Cut background from inside of smaller circle.



Use the two strips to audition where you would like the cross, and then place one at a time, and zig zag around each.



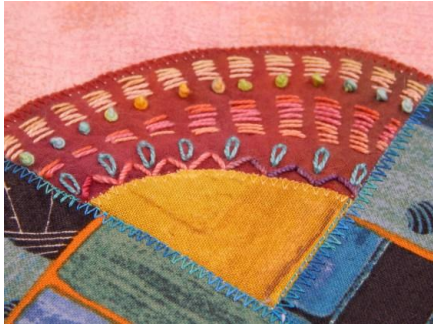
Cut out back (see photo.)



Layer batting with block on top and steam together. They will hold together well. Take to machine and stitch around edge of cross and circles. This is what it will look like from the back:



Now you can hand stitch the circles as you like, using running stitch, french knots, and lazy daisy stitch (or any other embroidery stitch you desire!)



When you are done with your embroidery, carefully cut off the excess batting from the back of your block.



Then square up your block and cut it to 8 1/2 inches square.



Debby Schnabel