

Anna and G on the Road: Balance



I am trying to figure out my balancing act. I have never worked for a circus so all the skills that require balancing such as tightrope walking, standing on the back of a running horse, or swinging on a trapeze are totally lost on me. But, I now find myself coming face to face with my lack of skills for balancing. As the weeks run into months of staying home, my lack of balance in the Bee Hive (my sewing room) cannot be ignored. I spent a morning cleaning up all the little piles that laid all about, and with the cleaning was the discovery of long forgotten projects. I decided to make a list of all the types of stitching I love...

1. Piecing
2. Quilting
3. Needle Turn Appliqué
4. Hexies
5. Fusible Appliqué
6. Wool Appliqué Stitching
7. Wool Felting
8. Sashiko
9. Embroidery
10. Cross Stitch

I was thinking of making some type of schedule for myself...rotating through all the different genres and seeing if I could make any headway. On the other hand, it seems that I am not a very good rule follower...nor a schedule follower. What I do know is that having good balance is imperative as we age!

What does your list look like? And how do you balance your creative life?

Stay tuned and travel along with us on Quilt Roadies.

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